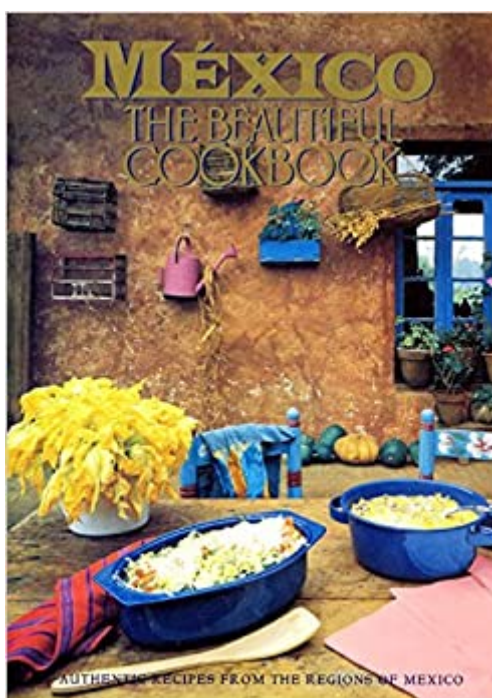


The book was found

# Mexico The Beautiful Cookbook: Authentic Recipes From The Regions Of Mexico



## Synopsis

The drama of Mexico's tumultuous history--the rise and fall of the Olmec and Maya civilizations, the magnificent Aztec world that greeted Cortes, the arrival of the Spanish conquistadors, and the turbulent revolutionary years--is vividly reflected in the cuisine of this vast country. Mexican food is history itself, a culinary marriage of native Indian foods such as corn, beans, squash, chocolate and chiles with the Spanish contribution of wheat, rice and meats. The merger resulted in one of the world's most intriguing and least understood cuisines. *Mexico the Beautiful Cookbook* captures the fascinating culinary heritage of Mexico in one stunning volume. The recipes, prepared by Acapulco-based Susanna Palazuelos, represent a vast selection of authentic Mexican dishes, from all of the states of Mexico. Many of them are unusual regional dishes that have been passed along by word of mouth, such as garlic chicken from Veracruz, and San Luis Potosi's own version of enchiladas. The traditional favorites are here--chiles en nogada, tamales, pozole, tortilla soup--along with some contemporary surprises such as tequila mousse, cilantro soup and lobster crepes. With pine nut sauce. Other well-known Mexican cooks have also contributed their own special recipes to the book. All 250 recipes have been photographed by Ignacio Urquiza, one of Mexico's foremost food and travel photographers. He also provided the scenic photographs, which lead the reader through the regions of Mexico, revealing the markets, the countryside, the way the people live and eat in this varied and beautiful country. Marilyn Tausend's text provides an informative accompaniment to the recipes and photos, exploring Mexico's dramatic history through its food. *Mexico the Beautiful Cookbook* is the essential cookbook for anyone interested in Mexico and Mexican food.

## Book Information

Hardcover: 256 pages

Publisher: HarperCollins; 1st edition (September 6, 1991)

Language: English

ISBN-10: 0867066164

ISBN-13: 978-0867066166

ASIN: 000215949X

Product Dimensions: 10 x 0.2 x 14 inches

Shipping Weight: 4.2 pounds

Average Customer Review: 4.5 out of 5 stars 89 customer reviews

Best Sellers Rank: #413,459 in Books (See Top 100 in Books) #160 in Books > Cookbooks,

## Customer Reviews

The latest addition to this popular series is a colorful guide to Mexico's diverse regional cuisine. Palazuelos is an experienced chef/caterer, and her recipes are inviting, her headnotes informative; Ignacio Urquiza's photographs of the food are eye-catching but uncontrived. There are many unusual dishes here, both traditional and contemporary, and most are far more sophisticated than the Tex-Mex fare many Americans identify as Mexican food. A good companion to Patricia Quintana's *The Taste of Mexico* ( LJ 12/86); recommended for most collections. Copyright 1991 Reed Business Information, Inc.

Susanna Palazuelos has earned a reputation over the past two decades as Mexico's premier caterer. She has hosted parties around the world and at her estate in Acapulco, Casa Tres Fuentes. Palazuelos frequently attends culinary festivals in Mexico and abroad, sharing her vast knowledge of Mexican cooking, which includes traditional dishes as well as nouvelle cuisine. She was recently named to the Circulo Mexicano de Arte Culinario, a group honoring the distinguished women chefs of Mexico.

Not Tex-Mex recipes, traditional Mexican. Interesting and informative introductions. Recipes in both standard measurements (tablespoons, cups) as well as ounces, milliliters and grams. Most ingredients readily available and directions clear. Everything I've made so far is very flavorful. Book is oversized, so doesn't fit readily in standard bookcase, but minor issue.

on time & worked as advertised .. would order again, no problems, 8 more words required for review, 2, and 1.

IM VERY MEXICAN AND IS NOT EASY TO FIND A COOK BOOK FITS THAT FULFILL MY EXPECTATIONS, AND I REALLY LIKE THIS ONE

This is much more than a cookbook and rightly deserves its title. Many people associate Mexican cooking with tamales, tacos and burritos which is no surprise as many of the Mexican restaurants in the US limit their menus to such items. This book goes beyond what Americans consider traditional Mexican cooking and highlights many of the recipes derived from their Spanish ancestors, executed

with local ingredients. This oversized book is separated into regions and includes recipes as well as detailed information on the country. There is an extensive chapter on seafood including some excellent recipes which shouldn't come as a surprise since Mexico boasts a 6000 mile coastline. Extensive photography is also included in this book making it a suitable for anybody. If you can find a spot for it on your bookshelve, buy this book!

Of hundreds of cookbooks that claim to include Mexican dishes, this is the only one that completely holds to original, regional, and traditional dishes, without adding any modern variations. It has endured in my kitchen for 40 years, and remains as the singular reliable reference for Mexican recipes. The photography is excellent, and it is only too bad that it is no longer in publication. I have bought them as presents for one or two very special "cocineras".

Great book for folks that want close to authentic Mexican recipes. Pictures are great! Love this book!

I wanted this book for a long time but it was too expensive to buy new. Then the opportunity came up to buy a used one that was in very good condition at a great price. I am so happy I paid a fraction of the cost of a new one and the book arrived looking as if it were brand new. This is a good book when it comes to the Mexican recipes....they are quite authentic.

As described but some pages had more discoloration than I expected from the description. Cookbook is hard to get so we'll keep it.

[Download to continue reading...](#)

Mexico The Beautiful Cookbook: Authentic Recipes from the Regions of Mexico Mug Recipes Cookbook : 50 Most Delicious of Mug Recipes (Mug Recipes, Mug Recipes Cookbook, Mug Cookbook, Mug Cakes, Mug Cakes Cookbook, Mug Meals, Mug Cookbook) (Easy Recipes Cookbook 1) Easy Asian Cookbook Box Set: Easy Korean Cookbook, Easy Filipino Cookbook, Easy Thai Cookbook, Easy Indonesian Cookbook, Easy Vietnamese Cookbook (Korean ... Recipes, Asian Recipes, Asian Cookbook 1) Authentic Recipes from Jamaica: [Jamaican Cookbook, Over 80 Recipes] (Authentic Recipes Series) Mexico: Mexico Travel Guide: The 30 Best Tips For Your Trip To Mexico - The Places You Have To See (Mexico Travel, Cancun, Mexico City, Los Cabos, Oaxaca Book 1) Cast Iron Recipes Cookbook: 50 Most Delicious of Cast Iron Recipes (Cast Iron Recipes, Cast Iron Cookbook, Cast Iron Cooking, Cast Iron Cooking Recipes): ... Recipes (Easy

Recipes Cookbook Book 2) Easy Jamaican Cookbook: 50 Unique and Authentic Jamaican Recipes (Jamaican Cookbook, Jamaican Recipes, Jamaican Cooking, West Indian Cookbook, West Indian Recipes, West Indian Cooking Book 1) Easy Portuguese Cookbook: 50 Authentic Portuguese and Brazilian Recipes (Portuguese Cookbook, Portuguese Recipes, Portuguese Cooking, Brazilian Cookbook, Brazilian Recipes, Brazilian Cooking Book 1) Easy Louisiana Cookbook: Authentic Creole Cooking (Louisiana, Louisiana Cooking, Louisiana Cookbook, Louisiana Recipes, Cajun Recipes, Creole Recipes, Creole Cookbook Book 1) Easy Korean Cookbook: 50 Unique and Authentic Korean Recipes (Korean Cookbook, Korean Recipes, Korean Food, Korean Cooking, Easy Korean Cookbook, Easy Korean Recipes, Easy Korean Cooking Book 1) Easy Vietnamese Cookbook: 50 Authentic Vietnamese Recipes (Vietnamese Recipes, Vietnamese Cookbook, Vietnamese Cooking, Easy Vietnamese Cookbook, Easy Vietnamese Recipes, Vietnamese Food Book 1) Easy European Cookbook Box Set: Easy English Cookbook, Easy Greek Cookbook, Easy French Cookbook, Easy Irish Cookbook, Easy German Cookbook, Easy Portuguese ... Portuguese Recipes, Irish Recipes 1) Polish Recipes: 50 of The Best Polish Recipes from a Real Polish Grandma: Authentic Polish Food All In a Comprehensive Polish Cookbook (Polish Cookbook, Polish Recipes, Pierogi Recipes) German Regions Cookbook Vol. 1: Delicious and Authentic Bavarian Recipes Easy Spring Roll Cookbook: 50 Delicious Spring Roll and Egg Roll Recipes (Spring Roll Recipes, Spring Roll Cookbook, Egg Roll Recipes, Egg Roll Cookbook, Asian Recipes, Asian Cookbook Book 1) Easy Hawaiian Cookbook: Authentic Tropical Cooking (Hawaiian Cookbook, Hawaiian Recipes, Hawaiian Cooking, Tropical Cooking, Tropical Recipes, Tropical Cookbook Book 1) Crock Pot: 2,000 Crock Pot Recipes Cookbook (Crock Pot Recipes, Slow Cooker Recipes, Dump Meals Recipes, Dump Dinner Recipes, Freezer Meals Recipes, Crock Pot Cookbook) Czech Recipes: 48 of The Best Czech Recipes from a Real Czech Grandma: Authentic Czech Food All In a Comprehensive Czech Cookbook (Czech Recipes, Czech Cuisine, Czech Cookbook) New England Style Cooking: Authentic Recipes from Connecticut, Maine, Boston, and Vermont (New England Cookbook, New England Recipes, New England Cooking, Boston Recipes, Boston Cookbook Book 1) Cold Regions Engineering: Proceedings of the Sixth International Specialty Conference Hosted by the Us Army Cold Regions Research and Engineering LA

[Contact Us](#)

[DMCA](#)

[Privacy](#)

